Mt. Pleasant, Consulting Firm Reps Huddle on Town Comp Plan Update

By Neal Rentz

In anticipation of updating its Comprehensive Plan for the first time in nearly 50 years, the Mount Pleasant Town Board talked with representatives of a firm that could assist the town in the process.

The board met with planning consultant Pat Cleary, principal of the Northport, L.I.-based Cleary Consulting, and architect John Sullivan, who works for Cleary. The firm was the lowest responsible bidder that vied for the contract to assist in the process of updating the plan. Mount Pleasant hasn’t updated the document that was formerly referred to as the Master Plan since 1970.

Supervisor Carl Fulgenzi said the Comprehensive Plan update is a priority for the town. It is particularly important in light of the upcoming review of the town’s hamlets, he said.

By Martin Wilbur

The New Castle Democratic Committee has formally rejected Councilman Adam Brodsky’s bid to be included on the ballot for a September primary, effectively ending any attempt by the Republican-endorsed ticket to eliminate major party opposition.

The statement mentioned that “the committee feels that Gail and Ivy will do a better job than Adam as Town Board members.”

Furthermore, Brodsky had previously declined to participate during the open application process for the nomination earlier this year, the statement mentioned.

“The committee feels that Gail and Ivy will do a better job than Adam as Town Board members.”

New Castle Dems Reject Brodsky’s Ballot Bid Ending Primary Chance

Property Owner Seeks Addition, Mixed Use for Mt. Kisco Building

By Neal Rentz

A property owner has proposed improvements to his Lexington Avenue parcel in Mount Kisco that would include an addition to a three-story commercial building and possibly removing an abandoned house.

Conceptual drawings, submitted by the Thornwood-based Bagnato 205 Lexington Avenue Corp., were discussed recently by the village's planning board. The building is owned by Anthony Crecco.

Charles Martabano, an attorney representing the applicant, said his client is considering a 1,000-square-foot addition to the three-story building located at 205-215 Lexington Ave. The plan that Crecco is exploring would include retail on the first floor and one or two apartments upstairs, he said.

The house, which is located behind the commercial building, has been unoccupied since it was damaged by fire.

Crecco is seeking to increase on-site parking from the current four spaces to 10 spaces through construction of a new parking lot. The original site plan, from 1965, required three spaces and a turnaround area for vehicles.

Four sketches of potential layouts were prepared by Crecco’s architect. One plan would be to create the addition in the rear of the commercial building and demolish the house. The other three plans call for the addition to be placed in the front of the building.

Planning board member Ralph Vigniotti said he was pleased that Crecco is receptive to the idea of a mixed-use project.

New Castle Dems Reject Brodsky’s Ballot Bid Ending Primary Chance

By Martin Wilbur

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Furthermore, Brodsky had previously declined to participate during the open application process for the nomination earlier this year, the statement mentioned.

“He had plenty of opportunity to come to our committee if he had wanted to be endorsed by the Democrats and he did not,” Silverman said.

About two weeks ago, the Republicanticket made to back the highly qualified ticket of supervisor candidate Kristen Browde and town board hopefuls Gail Markels and Ivy Pool.

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About two weeks ago, the Republican
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6:00-8:00pm

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Thursday, July 13
6:00-8:00pm
Lexington Square Cafe
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Mt. Kisco

Complimentary dinner and beverages will be served.

TeethTomorrowWestchesterPutnam.com

Ask the Doctor

Evan H. Karas, MD, FAAOS
Co-Chief, Orthopedic Surgery
Co-Director, Orthopedic & Spine Institute
Northern Westchester Hospital

Q: I've been experiencing discomfort when I lift my arm over my head, most often brushing my hair and putting dishes in the cupboard. What could be wrong?
A: Shoulder pain is often because of tendon inflammation or tear, dislocation, arthritis or a broken bone. If you feel pain when you put on your coat or reach into the back seat of the car from the front, you may have a rotator cuff injury. The rotator cuff is a cradle of muscles and tendons that lets you rotate your arm in a full arc. This intricate structure makes it possible for you to do everyday activities like reaching and lifting; you also rely on your rotator cuff while swinging a tennis racquet or golf club or throwing a ball. Injury can result from a fall or lifting something heavy – or it might just be overuse. I often see rotator cuff problems in patients older than 35, as tendons lose elasticity with age.

Q: What should I do?
A: If you're experiencing pain, it's important to see a doctor. A thorough examination is needed to determine the cause of your pain. An orthopedist will check for symptoms such as swelling, weakness, tenderness and any deformities. Additionally, imaging with MRI and X-ray will assist in a diagnosis. Treatment options will vary. Most often rest, modified activities, and physical therapy will be needed. To reduce inflammation and pain, medication or injections, such as cortisone shots, may be used. Surgery will be required to resolve some shoulder problems.

Q: What can I expect if I need surgery?
A: If there is a tear, I'll recommend surgery to repair it. Using a minimally invasive arthroscopic technique, I’m able to repair a rotator cuff as an outpatient procedure and patients can expect to be home within a few hours. For more serious problems such as severe arthritis, degenerative joint disease, or chronic rotator cuff deficiency, shoulder replacement surgery is often necessary. Patients can expect to leave the hospital after one or two days. Arm movement is limited for about six weeks while the tissue around the new joint heals. Most patients return to normal activities after three months, and shoulder replacements typically last a lifetime.

Taking Care of Shoulder Pain
What you should know about symptoms and treatment options...

Did you know?
Each year, approximately 600,000 Americans have rotator cuff surgery.*

*American Academy of Orthopaedic Surgeons
State Provides Funds for Saw Mill Parkway, Route 120 Road Repairs

By Martin Wilbur

State Sen. Terrence Murphy (R-Yorktown) announced last week that $62.2 million in state money has been secured for road paving and repairs throughout the Hudson Valley, including work in Pleasantville and New Castle.

The money is part of a $403 million commitment to improve nearly 1,700 miles of road across the state this summer and fall. The $62.2 million investment includes projects in Westchester and Putnam counties.

“Investing critical dollars in our crumbling infrastructure has been a priority of mine since arriving to Albany,” Murphy said. “The condition of our roads is unacceptable considering the amount in taxes we pay. This is a welcome announcement by the state and I will continue to advocate for more dollars to help improve our roads.”

Local paving and repair work will occur on 15 miles of the Saw Mill Parkway, including from Grant Street in Pleasantville to Roaring Brook Road in Chappaqua for $4.4 million. There will also be 3.2 miles of Route 120 from Marcourt Drive to Route 133 in New Castle improved for a $900,000 cost.

The rest of the money will be expended for two projects in Putnam County: 23 miles on I-684 from I-84 in the Town of Southeast to Hardscrabble Road in North Salem and five miles of Route 6 from Route 52 to Tilly Foster Road in the Town of Carmel.

“The residents of Westchester County and in particular the 2nd Legislative District, will benefit greatly from this infusion of state aid,” said County Legislator Francis Corcoran. “From Croton Falls to Bedford Hills to Mount Kisco, we will see improved roadways which enhances the quality of life for those we represent.”

“This is good news for Mount Pleasant residents,” added Mount Pleasant Supervisor Carl Fulgenzi. “There are a number of state roads that could use equal attention.”

Law to Exempt BOCES Capital Projects From Tax Levy Approved

State legislation was approved in the recently completed session that exempts BOCES capital expenditures from the tax levy to put it on even footing with school districts around the state.

State Sen. Terrence Murphy (R-Yorktown) and Assemblywoman Sandy Galef (D-Ossining) introduced corresponding bills in each house that will allow regional BOCES to receive the same benefit as individual districts.

The measure will be sent to Gov. Andrew Cuomo in hopes that he will sign it into law.

In 2011, when the tax cap legislation was passed, it permitted school districts to exclude bonding for capital projects from the cap; however, it failed to include an exemption for capital projects undertaken by BOCES.

“Under current law, BOCES capital expenditures must be approved by each of their school districts in the region. Each district includes these costs in their district budget that is presented to the voters of each district,” Galef said. “BOCES provides a valuable service to many students and enriches the educations and lives of many students. It is important to ensure that all public educations are given the same rights and privileges under the law, and this bill furthers that cause.”

—Martin Wilbur
Mt. Pleasant Approves PepsiCo’s New R&D Facility in Valhalla

PepsiCo’s plan to build a three-story research and development facility in Valhalla was granted site plan approval and a steep slopes permit by the Mount Pleasant Planning Board last Thursday night.

The corporation will construct a new 114,000-square-foot building at its grounds on Columbus Avenue. In addition to the new structure, PepsiCo is also planning to make renovations to two existing buildings at the site. There was no discussion before or after the vote.

The plan also calls for 128 new parking spaces, bringing total parking to 330 spots, and the construction of pedestrian bridges to connect the three buildings.

It is expected that construction on the new building will take about a year to complete. The modernization of the existing structures will begin once the new building has been finished.

—Martin Wilbur

Mt. Pleasant, Consulting Firm Reps Huddle on Town Comp Plan Update

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they were receptive to the comment that the entire town’s future should be addressed.

Before holding an initial public outreach meeting to learn what residents may want to focus on in a revised plan, Cleary said officials should complete a demographics study to have that information available to the public.

Councilwoman Laurie Smalley said one of the issues the town should address is creation of housing for older residents who want to downsize but remain in Mount Pleasant.

Following an initial meeting, the town should form a citizens’ committee, Councilman Denis McCarthy said. Cleary agreed with the idea of forming a committee of up to 12 residents. Work on revising the plan should begin once the summer ends, he said.

Cleary said it would be beneficial for Sullivan, an architect who has been retained by developers, to assist in the process because his experience would provide an important perspective.
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New Castle Dems Reject Brodsky’s Ballot Bid Ending Primary Chance

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state of Brodsky, Supervisor Robert Greenstein and Councilwoman Lisa Katz had decided to pursue a primary challenge. At the time, Greenstein said they were going that route to offset what he described as an attempt to misrepresent their record as right-wing Republicans, when, in fact, they are registered Democrats.

Since Greenstein and Katz are party members despite their GOP backing, they do not need permission to contest the party’s nomination. However, Brodsky, who is unaffiliated, had to go through the process of requesting a waiver from the committee under the Wilson Pakula Act, a state law that prohibits candidates for public office who aren’t registered with a party to gain that party’s nomination without authorization.

Brodsky said he was appreciative of the Democratic Committee’s consideration of his request but was disappointed at the outcome.

“I think a primary supporting me as well as Rob and Lisa, I think was in the best interests of New Castle, and the fact they would not grant me the waiver does not allow the Democratic voters in town to pick their candidates to represent the party,” Brodsky said.

As a result of the rejection, Greenstein said Monday he and Katz would not press forward with a primary challenge. It could potentially put Brodsky at a disadvantage since either Markels or Pool would be on the party’s line even if their challenge was successful. The ticket needs all three incumbents to win to retain its 3-2 majority on the town board.

The slate ran together as a team in 2013, has worked well together representing New Castle the past four years and will remain a ticket, Greenstein said.

Democrats contended that the incumbent slate of Greenstein, Brodsky and Katz had sought to eliminate a choice for general election voters by representing both major parties. Pool said it was a political maneuver that shouldn’t occur in local politics.

“It was something that I felt was unfair to voters in this town and it didn’t sit right with me personally,” Pool said.

Two weeks ago, Democratic Committee Co-chair Jerry Curran said Greenstein appeared desperate by trying to organize an eleventh-hour move to knock out major party opposition.

Brodsky said, however, he had inquired about the Democratic nomination earlier this year with committee officials, but was told that he would have to rescind his support for Greenstein to be considered.

By turning down a chance to take them on in the primary, Greenstein said Democrats may have squandered their best chance to place their opposition in a vulnerable position.

“The fact is there’s no guarantee we would have won that primary, and if we had lost that primary, I think they would have been in a much stronger position in the general election,” Greenstein said.

Silverman said it was clear that the three incumbents were looking to put the Democrats on the defensive by looking to rid themselves of their competition for November.

“They can claim from the rooftops that they’re Democrats but the bottom line is that Rob Greenstein campaigned for the (Republican nomination) and endorsed Terrence Murphy and Rob Astorino, and you can’t, in my mind, you can’t say you’re a Democrat when you do that,” Silverman said.

The Democratic ticket will also appear on the Working Families Party line while the Republican candidates have the backing of the Independence Party.

Property Owner Seeks Addition, Mixed Use for Mt. Kisco Building

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to more landscaping along the Lexington Avenue side of the property, something the board has indicated it would like to see.

Board Chairman Doug Hertz said he liked the concept of moving ingress and egress from Lexington Avenue to Maplewood Drive if the addition was built in the front of the building. Using Maplewood Drive for vehicle access to the property would be a positive change because it would improve traffic flow in the area, he said.

The idea of entering and exiting the site from Maplewood seemed to be supported during the planning board’s discussion of the proposal at its June 27 meeting.

Eliminating the abandoned home in favor of the addition would also improve the site, Hertz added.

The project would need site plan approval from the planning board. Martabano said the application may also require variances from the Zoning Board of Appeals.

One potential variance requirement would be for increased parking if retail is created. Crecco said the property could accommodate 15 or 16 parking spaces.

Hertz told Martabano and Crecco to meet with village staff for further discussion about the project, with a focus on determining all of the regulatory requirements the village would need.

Martabano said he would meet with staff before returning to the planning board with a formal application.

The Examiner
Downtown Chappaqua Infrastructure, Streetscape Work Begins

By Martin Wilbur

Preliminary work and staging is underway in downtown Chappaqua as the Town of New Castle begins its 18-month infrastructure upgrade and streetscape project that officials hope will begin to transform the heart of the business hamlet.

The first steps are already underway as Boswell Engineering and contractor ELQ Industries, Inc. recently commenced prep work for the downtown, said Councilman Adam Brodsky. Infrastructure work will take place along South and North Greeley avenues, roughly from Town Hall to Rite Aid.

Town officials will hold a ceremonial groundbreaking this Thursday morning in front of New Castle Town Hall to commemorate the kick off to the major portion of the project. Supervisor Robert Greenstein said he We are very excited to get started on this monumental project which will include new crosswalks and traffic/parking improvements that will make it safer for residents to walk around our downtown.

This project will accomplish the much-needed repair, replacement and upgrading of critical infrastructure systems in our downtown business hamlet, including sanitary sewer, stormwater, water mains and roadways,” Greenstein said last week in a press release. “In short, the project will make it safer and more enjoyable to walk around our downtown, and finally provide us with an infrastructure platform that allows our downtown to grow and prosper.”

The infrastructure improvements, which account for most of the $11.6 million project, includes replacement of about 1,650 feet of 12-inch water main, about 2,650 feet of eight- and 15-inch sewer mains and new stormwater management systems along North Greeley and South Greeley avenues to alleviate flooding.

There will also be a new traffic signal installed at the intersection of King Street and South Greeley Avenue with new crosswalks and elimination of the right-hand slip lane from South Greeley onto King Street.

Once the infrastructure work is complete, a wide assortment of aesthetic improvements are scheduled to be installed to beautify the downtown and encourage pedestrian foot traffic.

An $11.6 million infrastructure and streetscape project is underway in downtown Chappaqua. The infrastructure portion of the work is expected to alleviate some of the flooding that occurs downtown during heavy rain.
State Courts Adopt Opioid Overdose Prevention Plan

With the national opioid epidemic in crisis mode, New York State has initiated the rollout of a statewide program to expand the number of court personnel trained to administer Narcan (Naloxone).

Chief Administrative Judge Lawrence K. Marks announced the plan to train New York State court officers, sheriff’s deputies and other court personnel in the proper administration of Narcan, which can instantly reverse the effects of an opioid overdose. The lifesaving drug will be available in every courthouse.

In New York, it is legal for non-medical persons to administer Narcan to an individual to prevent an opioid overdose from becoming fatal.

Initially, designated state court officers and sheriff’s deputies assigned to courts in each of the state’s 62 counties will undergo special training to administer Narcan, with the training initiative subsequently expanded to include other selected court personnel. Training will be supervised by the court system’s Court Officers Academy, which in addition to providing peace officer training provides officers academy obtained authorization from the New York State Department of Health (DOH) to operate as an Opioid Overdose Prevention Center. As Naloxone can only be prescribed by a medical professional, the academy acquired the services of a medical doctor, who will take on the role of clinical director of the program.

As part of the program, the DOH will provide the Naloxone kits, which also contain a nasal atomizer, an alcohol wipe and nitrile gloves.

Each DOH Opioid Overdose Prevention Center is also mandated to have a program director who, together with the clinical director, is responsible for complying with the program requirements and ensuring the quality of the training.

Chief Joseph Baccellieri Jr., head of the Court Officers Academy, will act as program director and oversee all aspects of training. The court system’s Department of Public Safety, led by Chief Michael Magliano, will monitor all requests for the product in accordance with DOH requirements.

“When a medical-related emergency arises in the courthouse, every second matters,” Magliano said. “With opioid addiction at crisis levels in communities around the State, this initiative will undoubtedly serve to enhance public safety throughout the New York State Courts.”

“By equipping New York State Court Officers and other court employees to appropriately respond to opioid overdose-related emergencies and making Naloxone available at every courthouse, this program will help save individuals across our state suffering from addiction, keeping them alive until they can receive medical care and offering the opportunity to be linked to treatment and services toward their recovery,” Marks said. “I am grateful to the courts’ Department of Public Safety and Court Officers Academy for their efforts, and to the state Department of Health for its support, in getting this vital initiative off the ground.”

The program, which is being introduced on an incremental basis through the middle of this month, will be implemented statewide by year’s end.

Burns Spearheads Nationwide Demme Celebration July 19

The Jacob Burns Film Center is organizing a nationwide screening of Jonathan Demme’s 1984 seminal concert documentary, “Stop Making Sense” on Wednesday, July 19. The program will provide independent theaters and audiences the opportunity to celebrate the life and work of the Academy Award-winning filmmaker who passed away in April at the age of 73.

Hailed by many as the greatest performance film of all time, “Stop Making Sense” was Demme’s documentary debut, showcasing the Talking Heads just after they achieved mainstream success with the album “Speaking in Tongues” and the single “Burning Down the House.”

“Truly inspired by the Art House Convergence’s 1984 screening earlier this year, I reached out to the art house community to put this screening together,” said Jacob Burns senior programmer Andrew Jupin. “The art house community, which Jonathan adored so much, will band together to shine their projector lamps in unison and celebrate the man whose work touched us all so deeply. I firmly believe there’s no better film for the brilliant, beautiful minutes of the kind of pure cinematic joy that only Jonathan Demme could deliver.”

A staunch lover of art house theaters, Demme made it his mission to champion independent films and connect audiences to the best that cinema had to offer. In 2016, Demme helped launch the inaugural Art House Theater Day with a video in which he discussed his love of art house movie theaters.

More than 60 independent theaters throughout the United States and Canada will participate in this celebration on or around July 19. For more information, visit celebratedemme.com.

Join the conversation online using the hashtag #celebratedemme. Theaters looking to participate in the screening event can contact Andrew Jupin (ajupin@burnsfilmcenter.org) for more information.

This screening event is made possible through the cooperation of Palm Pictures. Special thanks to Eclair/CineConductor for its additional technical support.
By Martin Wilbur

Recent reports from New Castle’s professional staff and consultants for Sunshine Children’s Home & Rehabilitation Center have concluded that modifications to the facility’s expansion plans would yield positive results on key environmental issues.

Representatives for the 54-bed facility on Spring Valley Road told the New Castle Planning Board on June 21 that relocating a classroom from the northwest corner of the building to the southern end of the enlarged structure would limit visual impacts for some of Sunshine’s closest neighbors, save trees and reduce impact on steep slopes.

Furthermore, the parking lot would be moved 60 feet closer to the building, which would also be a benefit to neighboring properties and enable the applicant to save more trees and add more replacement trees, said project engineer Michael Junghans.

With the new plans, the number of trees slated for removal will be reduced from 177 to 123 and the number of trees in the project’s replacement plan would rise from 282 to 303. Overall, the tree replacement deficit has been slashed by more than half, from 264 to 106, he said.

The changes will also reduce the area of steep slope disturbance from 3.6 acres to 3.1 acres, with about one-third of that reduction being on the “most extreme” slopes, Junghans said.

“These revisions, especially with the building, by removing this extension here, will reduce the profile from the adjacent neighbor, " Junghans said.

His comments at the meeting came as the planning board is considering whether permit issues for Sunshine's environmental impact for the adjacent neighbor, "Junghans said.

Meanwhile, at the last meeting, town environmental consultant Stephen Coleman concurred with Junghans on the tree removal plan.

Coleman also said during field visits that he has conducted the vegetation and soils in a wet upland area does not have the characteristics of a wetland. His conclusion runs counter to the arguments of neighbors and other project opponents.

"Based on my account and the applicant's consultant, when I did the field analysis, I didn't find evidence of documented wetland vegetation, soils or evidence of hydrology other than the existing draining system that's in the field,” Coleman said.

Furthermore, Robert Cioli, New Castle's deputy town engineer, said the mitigations, including the design of the sand filters and the detention areas proposed by the applicant, would reduce runoff into the Indian Brook Reservoir from current levels by between 15 to 25 percent.

Project opponents have argued that the roughly 128,000-square-foot expansion to increase the number of beds to between 118 and 122 would have disastrous environmental impacts on the surrounding areas, especially for nearby homeowners’ properties.

During the June 21 public hearing, which was closed at the conclusion of the meeting, opponents were highly skeptical of some of the reports’ findings, particularly the assertion that the upland area is not a wetland and a massive expansion of the current facility would reduce runoff.

Steven Barshov, the attorney for the proposed expansion is massive for such an environmentally sensitive area.

"The is not about they don't deserve it and it's not about how Sunshine children don't deserve a terrific facility, it's about the right facility in the right place for people who have disabilities and what this land can manage," she said.

The planning board asked the Sunshine representatives to return with a revised plan showing the changes before members consider voting on the four permits. The applicant is tentatively scheduled to return for the July 18 meeting.

With the proposed revisions that were outlined, Sunshine must also return to the ZBA for an amended application.

Consultants: Modified Sunshine Home Plans Would Help Environment

By Anna Young

Following a tumultuous school year filled with controversy and strained tensions between the public and Chappaqua School District officials, members of the Board of Education are ready to move forward.

During the board's annual reorganization meeting last Thursday, Victoria Tipp, who served as vice president during the last school year, was elected president by the board. Jeffrey Mester will serve as the new vice president.

Tipp replaces Alyson Gardner, who faced harsh criticism and was faced with calls for her resignation as revelations unfolded regarding Christopher Schraufnagel, the former Horace Greeley High School drama teacher who pleaded guilty to having inappropriate contact with students between 2011 and 2015.

"We had a lot of transition in our district and I think that at this point I would like to say we are no longer in transition but we are in a time of renewal and we’re very excited to be moving forward for the year," Tipp said at the July 6 meeting.

Tipp also welcomed new Superintendent of Schools Dr. Christine Ackerman, who fills the vacancy created by the resignation of Dr. Lyn McKay last October.

Ackerman joins the district after serving as Superintendent of Schools for the Greenwood Lake Union Free School District in Orange County, a position she held for three years. She previously served as principal of Millbrook High School before becoming assistant superintendent of curriculum.

Expressing her gratitude for the support she has received from parents, students and members of the community, Ackerman said she looks forward to aclimating herself and her family within the community.

She added that she has shared a transition plan with the board and hopes to have it posted on the school website within the week.

Tipp, Mester Fill Leadership Roles for Chappaqua Board of Ed

Pop Cover Band Performing in Free Thornwood Concert on Thursday

Fans of pop tunes from the 1960s, ’70s and ’80s will be treated to a free concert at James M. Carrol Park on Rolling Hills Road in Thornwood this Thursday evening.

The program will open with a performance by Westlake High School students Mia Williams and Alessia Mussolini. The headlining act is the cover band ‘That Doo Show’.

Residents are encouraged to bring a picnic basket and to carpool since parking is limited, said Councilman Nicholas DiPaolo. The Village Creamery & Sweet Shop will be on hand to sell ice cream and other treats.

Outdoor concerts had been a regular summer feature in town but were discontinued in 2002 because of budgetary issues, said the town’s Superintendent of Recreation Kellie Rizzi.

"Bringing this back and involving students has been a mission of mine for a long time," DiPaolo said. "Supporting the arts is a community effort and this will be a great venue."

For more information on the concert, call the town’s Recreation & Parks Department at 914-742-2310.

—Neal Rentz
Police Blotter

County Police/Mount Kisco

July 3: An employee who works for a company on Radio Circle reported at 4:33 p.m. that his vehicle was damaged by a hit-and-run driver while it was parked.

July 4: Police responded to Spring Street at 10:10 p.m. on a report that someone was setting off fireworks in the street. The person was gone upon an officer’s arrival.

July 5: A 21-year-old Mount Kisco man was arrested and charged with fifth-degree criminal possession of marijuana, a misdemeanor. The arrest occurred after police responded to a Carpenter Avenue address at 7:15 p.m. on a report that drug activity was taking place on the front porch of a residence. The responding officers stopped three men walking away from the residence and found that one of them was in possession of a misdemeanor quantity of marijuana. The suspect was booked at the Green Street precinct and released of marijuana. The suspect was booked possession of a misdemeanor quantity.

July 6: A 45-year-old Croton resident was arrested and charged with fourth-degree criminal possession of a controlled substance, a Class C felony, after officers seized a quantity of marijuana, ecstasy and psilocybin (psychedelic mushrooms). The suspect was released on $2,500 cash bail and was scheduled to return to North Castle Justice Court on July 11.

North Castle Police Department

July 5: A 21-year-old Mount Kisco man was arrested and charged with two counts of marijuana, ecstasy and psilocybin (psychedelic mushrooms). The suspect was released on $2,500 cash bail and was scheduled to return to North Castle Justice Court on July 11.

Pleasantville Police Department

July 3: An unidentified man walked into the BP gas station on Marble Avenue at 6:54 p.m. and stole three cans of beer.

July 4: Police received reports at 12:21 p.m. that three bikes were stolen outside a Clinton Street residence.

July 5: Police reported an unknown persons gained access to a Bedford Road building after breaking windows and doors causing $1,700 in damage. The intruders also expended two fire extinguishers and left behind an 18-pack of empty beer cans.

July 5: Police reported an unknown persons gained access to a Bedford Road building after breaking windows and doors causing $1,700 in damage. The intruders also expended two fire extinguishers and left behind an 18-pack of empty beer cans.

July 7: A caller reported at 4:54 p.m. that an unknown person used their ATM card stealing $743 from their bank account.
Westchester Health has joined Northwell Health and its physician group, Northwell Health Physician Partners. We share a commitment to combining leading edge advances with compassion. That’s how we care for you. Right here near home, in over 40 doctor offices and Northwell Health’s local hospitals.

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Must be 18 years of age or older to play New York Lottery games or wager on horses. Please play responsibly.
Pet Adoption Day is July 22 at W’chester Broadway Theatre

In the Tony Award-winning musical “Annie,” the orphan Annie meets and adopts another orphan – Sandy. They become inseparable and their relationship is one which audiences cherish.

Sunny is playing Sandy in Westchester Broadway Theatre’s (WBT) production of “Annie.” Sunny was adopted in the spring of 2012 for the show's revival on Broadway from the Houston, Texas Animal Control the day before she was to be put to sleep. She stayed with the show on Broadway until 2014 and has been out with the national tour ever since.

Sunny is a terrier mix who is about seven years old. Sunny loves toys that squeak and all children, especially red-headed little girls. Like the other great Sandy dogs, Sunny was rescued and trained by Bill Berloni, who is known for his training of rescue animals for stage, film and television. Sunny is the 23rd Sandy dog of Bill Berloni’s career. Throughout his career, he said his work has “taken these dogs, saved their lives and given them a purpose.”

In the spirit of Annie and Sandy, the WBT invites everyone to create their own inseparable relationships at its Pet Adoption Day on Saturday, July 22, from 10:30 a.m. to 4:30 p.m. at the theater.

WBT is partnering with several animal shelter and rescue organizations, and will welcome numerous dogs and cats who are in need of lifelong, loving homes. Everyone is welcome to come and maybe adopt a new family member. Tickets to see the show are not required to attend; Pet Adoption Day is free, and your rewards for attending can be priceless.

In the show, shortly after Annie and Sandy first meet, he sits by her side as she sings the classic song “Tomorrow.” Just as the song's key lyric “the sun will come out tomorrow” reflects the hope for the future of these fictional characters, WBT’s Pet Adoption Day can afford an opportunity for everyone to help the sun come out for adorable animals in need of homes.

Bill Berloni, who has trained 23 dogs to play Sandy for various productions of the musical “Annie,” with Sunny, who is part of the current Westchester Broadway Theatre production. The theater will be hosting a pet adoption day on Saturday, July 22 at its site in Elmsford. “Annie” is playing now through Sept. 10.

Pet Adoption Day is free, and will welcome numerous dogs and cats who are in need of lifelong, loving homes. Everyone is welcome to come.

Participating organizations include Paws Crossed Animal Rescue, SPCA of Westchester and Posh Pets Rescue. The event is sponsored in part by PetSmart.

The Westchester Broadway Theatre is located at 1 Broadway Plaza in the Cross Westchester Executive Park in Elmsford.

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New Castle Democrats Correct in Putting Kibosh on Primary Attempt

The so-called silly season typically doesn't kick into high gear in local political races until the traditional end of summer -- Labor Day weekend. It can arrive sooner if there's a contentious primary that materializes. There will be no contentious primary in New Castle this September despite the sudden machinations a couple of weeks ago on the part of the Republican-endorsed ticket of Supervisor Robert Greenstein and council members Adam Brodsky and Lisa Katz.

About two weeks ago, it became known that the trio was seeking to challenge their Democratic opponents -- Kristen Browde for supervisor and Gail Markels and Ivy Pool for the council seats -- in a primary.

The catch was that while Greenstein and Katz are registered Democrats, Brodsky is unaffiliated with any party. Therefore, under state law, he needed to receive permission from the Democratic Committee to contest the party's nominees in a primary.

Let's face it, Brodsky had about as much chance at receiving authorization to appear on that Sept. 12 primary ballot as we are to see Donald Trump quit tweeting.

These last two weeks weren't about giving Democratic voters a choice to see who their nominees should be, but about political gamesmanship, to put the Democratic Committee in a tight spot in what could be a no-holds-barred, nine-week sprint to Election Day once summer is over.

That's fine, a shrewd political move and, as Greenstein suggested before the July 4 weekend, to strike back at a ticket he believes is trying to misrepresent their slate as ultra conservative Republicans.

However, it was not something that the committee should have seriously entertained in the last two weeks of the petitioning period, which ends later this week.

If Team New Castle, as Greenstein, Brodsky and Katz call their ticket, wanted to seriously challenge their opponents, that decision should have done so in April or May at the latest. That would have given their arguments of providing Democratic voters a choice appear more authentic.

However, now that this episode has ended almost as quickly as it began, it's also time for town Democrats to get down to the business of explaining to voters why their slate would be a better choice for the next two years than trying to equate Greenstein with Trump.

For the past three and a half years, the Democrats have been bedeviled by Greenstein, as they've seen a highly capable but abrasive official comfortably win two terms for supervisor on their turf, a town where Democrats strongly outnumber Republicans.

While Greenstein and Katz are registered Democrats who have run and won as Republicans, most average voters in local elections don't care much for political labels. They want to know their roads are paved, their garbage is picked up and that taxes remain in check.

It's something for both sides to keep in mind as silly season approaches.

Important Tips to Keep Children Safe Around Swimming Pools

By Tom Kraeutler

Amid the fun of summer, there's a sobering reality -- the difference between life and death can be a matter of seconds when it comes to children and swimming pools. What's more, drowning is usually silent, with no splash or cry for help to alert parents to the emergency.

There are about 300 drowning deaths of children younger than five years old each year in swimming pools, according to the Consumer Product Safety Commission (CPSC). A lapse in parental supervision is responsible for drowning accidents almost 70 percent of the time.

Parents who looked away just for a moment found out how quickly disaster can strike.

But parents can't be everywhere at once, and it's tragically easy to underestimate the ability of children. Kids are constantly learning new things and a fence that can't be climbed one day is easily surpassed the next.

So how do you protect children from a pool tragedy? The answer lies in a pool safety approach called layers of protection, which provides several levels of back up as a supplement to parental supervision. Here's where to start.

1. Pool Fences. When properly designed and installed, pool fences are by far the most effective deterrent against drowning. They must be four-sided, completely surrounding the pool, with a height of at least four feet. Avoid chain-link fences, which can be easy for children to climb, and make sure fence posts are not spaced more than four inches apart. The weakest link in all pool fencing is the gate. Gates must be self-closing and self-latching so they slam shut if left open. Moreover, gate latches should be mounted at least 54 inches off the ground and have child-proof release mechanisms.

2. Pool Covers. Next to pool fencing, pool covers provide the maximum amount of protection. Your best option is an automatic pool cover, which can be used between swims rather than only at the end of the season. These covers are motor driven, and with the flick of a switch, automatically creep across the pool to seal out access to the water.

3. Pool, Door and Fence Alarms. High-tech advances in pool alarms have made these a must for every home with a pool. It's best to use a combination of door alarms, fence alarms and pool alarms.

   • Door Alarms: These battery-powered alarms are installed on exterior doors leading to the pool. If the door is opened without depressing a childproof bypass button, the alarm sounds within seven seconds and stays on until disabled by an adult. The alarm is also effective in preventing an adult from leaving a door open. If a door is left open for more than 10 seconds, even after pressing the bypass button, it rings again. Door alarms are an inexpensive way to make sure everyone in your house thinks about pool safety.

   • Fence Alarms: These work just like door alarms but are designed to be used on fence gates for an added layer of protection.

   • Pool Alarms: Pool alarms are designed to detect the splash that occurs if a child falls into a pool. A CPSC study looking at three types of pool alarms found that the best performers were underwater alarms, compared to the less reliable options of floating pool alarms or wristband alarms worn by children. When purchasing a pool alarm, always buy the type that includes a remote receiver alarm so you can monitor the pool from inside your home, even with a door closed or air conditioning on. But keep in mind that while pool alarms may provide emergency notification if a child falls in, they are not a substitute for fences, covers or any other protective measure possible.

Pool safety is a big job and nothing can be a substitute for watching children around a pool. But by utilizing layers of protection, parents gain an important backup tool for those times when they, like most people, just can't be perfect.
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Robert P. Astorino
Westchester County Executive
Crowds Flock to Pleasantville for 13th Annual Music Festival

By Anna Young

Since its inception in 2005, the Pleasantville Music Festival has become one of the most anticipated events each year for the village and legions of music fans throughout the tristate area.

Under sunny skies interrupted only by a brief but cooling rainstorm in late afternoon, several thousand music lovers flooded Parkway Field for the 13th annual festival last Saturday. Many spectators arrived before noon to get a seat close to the Main Stage, and crowds continued to stream in throughout the afternoon to watch 18 bands covering a wide assortment of musical genres perform on three stages during the nine-hour festival.

Organizers estimated the crowd was the largest turnout in the event’s history, based on a record number of early ticket sales and eyeballing the sea of people covering the field.

“The festival is going great,” said Executive Director Bruce Figler. “It is my honor and privilege to be involved in this festival.”

Grammy Award-winning band Blues Traveler was the headliner, preceded by Living Colour and Suzanne Vega. There was also an impressive lineup of local talent and up-and-coming performers showcasing their musical chops.

English-born folk singer-songwriter James Maddock, who has been based in New York for the past 15 years, entertained for a 35-minute set on the Chill Tent Stage. He said he loved the enthusiasm of the crowd.

“The audience were really on my side,” Maddock said. “They were really a great audience, cheering me and I felt really comfortable up there. They were cheering me on and it was a great experience for me. It’s a lovely day.”

Whether people were attending for the first time or have been festival regulars, patrons shuttled between the three stages to catch the artists perform. Ossining resident Kim Gillman, who attended for the third consecutive year, said she enjoys the event because of the music and the family-friendly surroundings.

“Organizers do a great job at bringing good music and keeping it civilized,” Gillman said. “I’m really excited to see Suzanne Vega, but I really like listening to bands I’ve never heard before.”

First-time festival attendee Ellie Gurin, who traveled from Connecticut, said she was eager to attend after her boyfriend showed her the festival lineup.

“I’m really enjoying the day,” she said. “It’s a day of great music and great friends.”

The festival’s three Battle of the Band winners got the festival off to a strong start on the three stages. Mary Hood, who opened the Chill Tent Stage, said she was nervous before her set but was thankful she remembered all of her lyrics and had a great time.

Arc & Stones gave a powerful performance on the Pamnation Party Stage.

There wasn’t only nine hours of continuous music at last Saturday’s Pleasantville Music Festival, but it was a family-friendly event as well. There were plenty of activities for the kids, including a bouncy castle, a rock climbing wall and rides for youngsters.

The guitarist from Arc & Stones, one of the groups that performed on the Party Stage at this year’s Pleasantville Music Festival.
Crowds Flock to Pleasantville for 13th Annual Music Festival

continued from last page

the Main Stage performances, said the experience of playing the festival in front of such a large throng of people was "very surreal."

Riiza, a new group, formed a few months before the four members entered the Battle of the Bands competition because they were having difficulty getting hired for many jobs, said Perakis, a 2016 Byram Hills High School graduate. But any nervousness they felt quickly dissipated.

"Once we started playing the music, it felt like any other gig," he said. "We wanted to tune out the audience and stuff, focusing on what we're playing."

Appearing at the festival for the second time was the Pleasantville-based band Ghost Millionaires. Band member Mani Cregan said he was excited and honored to play in a festival hosted by his hometown community.

While Figler noted few changes were made from last year, the vendor village was expanded, inviting new businesses to the party, including pop-up Caribbean food catering service Tania's Kitchen.

"It feels great to be here. At most festivals, the food overlaps but it doesn't here," owner Gordi Armand said. "It's sunny and we're ready for people to come and try our food."

Through months of continuous work and exhaustive efforts with the help of about 300 volunteers, Figler said the work they did to put the festival together was mindboggling.

"I've lived in Pleasantville for a long time and you really believe in the community here," volunteer Sharon Avrutick said. "It's very gratifying to work on a project and to see the results of your efforts. We do the event every year so it's a satisfying challenge."

Martin Wilbur contributed to this article.
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Alice Silverman, Interior Designer
Mt. Kisco

By Martin Wilbur

When Alice Silverman was old enough to take the bus by herself from her parents’ Washington Heights apartment, she would spend Saturday afternoons at the Metropolitan Museum of Art in Manhattan admiring the classic furniture on display.

One time, Silverman, inspired by what she saw at the museum, bought gold leaf paint at a local hardware store and proceeded to paint the wood furniture and moldings at home.

“When my parents came home, instead of killing me, they said, ‘Oh, darling, it’s beautiful!’” Silverman recalled. “It may have turned out differently if they had said go to your room.”

Silverman, who was also influenced by several relatives’ exquisitely designed apartments, has come a long way since her youth in Washington Heights.

She has spent more than 35 years as a successful interior designer, helping countless clients across the tristate area with a full-service interior design firm for both residential and commercial projects.

Silverman, a certified staging professional, has consultations.

During the ensuing years, Silverman started Decorate-in-a-Day, Inc. for people who don’t want or need an interior designer supervise a large-scale project but want to have consultations.

Then about five or six years ago, Silverman, a certified staging professional, established Creative Staging Specialists, a critical service that has steadily gained in popularity in recent years to help homeowners sell their properties.

Just last month, she started her latest venture under the Creative Interiors umbrella: The Paint Lady, where Silverman, who holds a degree in interior design from Pace, advises clients on color selection for their residences. It’s an important service to offer because changing the color of the walls is often the easiest and least expensive way to change the interior look of a home.

“I realized that with a lot of people, and so many people downsizing and it kind of being what it is, a lot of people want quick and just to the point of what their needs are,” Silverman said. “So, instead of hiring a full service, which a lot of people do, some people just want help with their paint colors.”

Many of Silverman’s clients utilize multiple services. She said today’s top styles often depend on a person’s stage in life. Millennials have been gravitating toward the industrial or loft look – exposed light bulbs and lots of black iron. Older people generally find simpler and cleaner looks and lighter colors more appealing, Silverman said.

Like some of her clients, she recently reached the stage where she needed to downsize, selling her house and moving into an apartment in Mount Kisco about a year ago. She and her family – Silverman has two grown children and two grandsons – first moved to Putnam County from the city, then relocated to North Salem.

Her apartment may be a lot smaller than what she had been accustomed to, but the walls are painted with what has been her favorite colors since 1965 – Van Deusen blue, cranberry, cream and taupe.

Silverman makes certain not to impose her tastes on people she meets professionally. With a client, she takes extensive notes and familiarizes herself with their tastes and lifestyle. She said her role forces her to be a “professional chameleon.”

“Everybody is so completely different and I try to cater to that and make suggestions that are applicable to their needs,” Silverman said. “So that’s the business to me before you get to the aesthetics.”

Despite her busy schedule, Silverman finds time to indulge in her interests, which includes cooking, having dinner parties, and of course, visiting her children and grandchildren.

All these years later, there’s no doubt that Silverman’s career choice was best for her.

“It’s very satisfying,” she said. “I love the process. I love dealing with people.”

For more information on Silverman’s services, visit www.creativeinteriorsbyalice.com.

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for service of process on LLC. SSNY has designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: CT Corporation System, 111 Eighth Avenue, New York, NY 10011. Purpose: Any lawful act or activity.

NOTICE OF FORMATION OF JUST BREATHE HEALING CENTER, LLC. Arts of Org filed with the Secretary of State of New York (SSNY) on 06/19/2017. Office loc: Westchester. SSNY designated as agent upon whom process against it may be served and shall mail process to the principal business address: 731 Saw Mill River Road, Ste. 7, Ardsley NY 10502. Purpose: any lawful acts.

NOTICE OF FORMATION OF LABOY CONSTRUCTION LLC. Arts. Of Org filed with the Secretary of State of New York (SSNY) on 06/27/2017. Office Location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: c/o LABOY CONSTRUCTION LLC, 65 Winchester Avenue, Peekskill, New York 10566. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF WWW HOLDINGS, LLC. Arts of Org filed with the Secretary of State of New York (SSNY) on 06/15/2017. Office loc: Westchester. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: CT Corporation System, 111 Eighth Avenue, New York, NY 10011. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF JMD Security LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 05/18/2017. Location: Westchester County. SSNY designated as agent for service of process on LLC. SSNY shall mail a copy of process to: Joseph DeCan dia, 35 Aspen Road New Rochelle, NY 10804. Purpose: Any lawful purpose.

LEGAL NOTICE

A Bond Act, a summary of which is published herewith, has been adopted by the Board of Legislators on June 19, 2017 and deemed approved without the County Executive's signature in accordance with Section 107.71 of the Westchester County Charter. The validity of the obligations authorized by such Bond Act may be hereafter contested only if such obligations were authorized for an object or purpose for which the County of Westchester, in the State of New York, is not authorized to expend money or if the provisions of law which should have been complied with as of the date of publication of this Notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the publication of this Notice, or such obligations were authorized in violation of the provisions of the Constitution. Complete copies of the Bond Act summarized herewith shall be available for public inspection during normal business hours at the Office of the Clerk of the Board of Legislators of the County of Westchester, New York, for a period of twenty days from the date of publication of this Notice.

ACT NO. 111 - 2017 BOND ACT AUTHORIZING THE ISSUANCE OF $250,000 BONDS OF THE COUNTY OF WESTCHESTER, OR SO MUCH THEREOF AS MAY BE NECESSARY, TO FINANCE THE COST OF PHASE IV OF THE VIDEO SURVEILLANCE EQUIPMENT UPGRADE PROGRAM; STATING THE ESTIMATED MAXIMUM COST THEREOF IS $250,000; STATING THE PLAN OF FINANCING SAID COST INCLUDES THE ISSUANCE OF $250,000 BONDS HEREAFTER AUTHORIZED; AND PROVIDING FOR A TAX TO PAY THE PRINCIPAL OF AND INTEREST ON SAID BONDS. (Adopted June 19, 2017) object or purpose: to finance the cost of Phase IV of the video surveillance equipment upgrade program, including the replacement of analog cameras currently used at various locations across the County, all as set forth in the County's Current Year Capital Budget, as amended amount of obligations to be issued and period of probable usefulness: $250,000; five (5) years Dated: July 3, 2017 White Plains, New York, Sunday Vanderberg, Clerk and Chief Administrative Officer of the County Board of Legislators of the County of Westchester, New York

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Don’t Forget the Mailbox Can Boost Curb Appeal

When was the last time you actually wrote a letter to a friend with a pen on paper, placed it in an envelope, sealed it, affixed a stamp, left it in your mailbox and raised the red metal flag to let the mailman know you were making use of the U.S. Postal Service? 

For many of us, that activity has completely vanished, and the mailbox today serves mainly to receive bills, junk mail and campaign literature from politicians.

The mailbox also serves to notify drivers of the number assigned to our house and perhaps our family name. That is, for most people. As for me, I no longer have an individual mailbox, living as I do in a large condo building with a tiny mailbox slot that I open with a key. But that's okay, I guess, considering that the primary function of the mailbox, even its necessity, has diminished significantly since the advent of the Internet, Facebook, Twitter and texting.

It’s worth noting that FedEx and UPS, their express mail and delivery of packages, which come directly to our doors bypassing the mailbox altogether, is responsible for a 30 percent decline in the use of the U.S. Postal Service in just 10 years.

Does this all mean that the mailbox will eventually disappear and go the way of the horse and buggy? It would be a shame for that to happen, considering that since the 1860s when the postal service as we know it originated, the mailbox has become an accepted – even expected – feature and offers yet another opportunity to create curb appeal, distinguishing the look of our property from that of our neighbors.

But that wasn’t always the case. At the 18th century home I recently sold, I had a large tunnel-shaped mailbox, and both my wife and I loved it because it held so much, including packages. When we received all of our business mail there before the age of e-mail, it was frequently stuffed to the brim. I learned that this particular style of mailbox was designed by a postal worker named Roy Jorolemen in 1915 and was soon adopted by postal regulations for universal use. By 1923, when it became mandatory for every household to have a mailbox, that shape dominated the roadside landscape for many years.

I found photographs of that house from the 1920s taken from the vantage point of the same sturdy mailbox that remains there today, protected through the years by layers of paint, a replaced wooden bottom and a sturdy metal pole supporting it.

In 1978, postal authorities approved a contemporary mailbox specification for alternative designs. Today, our local post offices don’t care much about how our mailboxes look. In checking a while back with my local post office, I was told that the only requirements now are to place the bottom of the box three and a half to four feet above the ground so the door can be easily accessible from postal vehicles. It must also be directly on the line of the curb, even if you don’t have a curb. Furthermore, a mailbox should have a signaling device – that red metal flag – to indicate mail is ready to be picked up.

Because we now have all this leeway in mailbox design, a new cottage industry has developed where specialty mailboxes can be designed to a homeowner’s whim. Design options range from a John Deere tractor, to a puppy dog, to an exact replica of one’s own home. Of course, they are ordered online.

Lately, the design has been influenced by the increased risk of vandalism with mailboxes made of composite plastic or heavy-gauge steel or aluminum plate. Some composite mailboxes made of resilient polymer plastics and mounted on ground spikes can withstand severe impacts from baseball bats or even being struck by a vehicle. Also, you may have noticed that some homeowners have built solid brick or stone pillars on each side of their driveways with a metal box lodged securely inside one of them.

Whatever the style of a mailbox, its look and upkeep are very much a factor in the perceived curb appeal of a property. It’s what a passerby – or prospective homebuyer – sees even before catching a glimpse of the house. So, its appearance is something to be considered.

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Think Globally, But Great Birding Can Be Done Anywhere

By Brian Kluepfel

Well, folks, this month’s column comes from the sunny Pacific coast of Costa Rica. I’ve been dragged here kicking and screaming by a travel company to update one of their guides.

Costa Rica thrives on tourism. It’s a bit overrun with them for my liking, and one of the big draws is birding. Given its position on the migration route and its varied habitats, you can see birds nearly everywhere without trying too hard.

I chose my current hotel, for example, because there were three black-headed trogons perched in a tree just opposite when I was walking down the road yesterday. I thought that was a good sign, and in fact, this hotel is pretty nice. I saw some howler monkeys in the trees nearby and some large iguanas running across the road. These sights are pretty commonplace in the Nicoya Peninsula, though it’s best not to linger in the monkeys’ habitat for too long; they begin by throwing mangoes and sticks and graduate to pooping if you don’t get the message.

Birders find each other everywhere, it seems, and I encountered a true enthusiast in Cabuya the other day. Wilfredo, known to his friends as Pollo (The Chicken), has a few acres of land and also runs a small transportation company. But he loves birds, and at his invitation I got up early, by travel writing standards, to see a tri-colored heron, a white ibis, a few more trogons, a variety of flycatchers and even a laughing falcon.

On my own, in Curi National Park, I saw a Hoffman’s woodpecker. I nearly didn’t survive that encounter, however, because soon after I was surrounded by a herd of cattle who felt perhaps I was impinging on their grazing rights. The park ranger, a nice old man, assured me there was nothing to worry about, but the cattle, some with large sets of horns, followed me at close range for too long.

In Tambor, Pollo introduced me to Ruth Rodriguez and Larry Landstrom, founders of Rainforest Publications, whose laminated fold-outs of birds, butterflies and other critters you see everywhere in Costa Rica. They’re a nice couple who also host people at their home, known as Hawk Ridge, supposedly a wonderful place during raptor migration.

I also met Sarah Williams of Project ARA in Punta Islita. Project ARA works to breed and reintroduce Costa Rica’s two macaw species, the Scarlet and Great Green. I can’t tell you what a thrill it was to approach the site and hear the raucous sound of a dozen or so scarlet macaws in the trees. And when they open their wings and tail feathers in full flight, it’s proof that God exists (to me, anyway).

Further proof of a higher power (or maybe just beautiful evolution) is the turquoise-browed motmot, which I saw everywhere during a walkabout in the small village of Junquillal.

From blistering hot Nicoya, I will head to the mountains next, perhaps more agreeable for someone of fair pigment and improper beach attire as myself. Up there I’ll look forward to more great birding, which I manage to squeeze in as part of my travel-writing duties.

My favorite bird, so far, though is the white-throated magpie jay, which looks like a longer, slightly prettier version of our own blue jay, with a wonderful curlicue crest.

It made me remember all the birds back home in New York and the fact that birding is actually great everywhere. You just need to bring your curiosity, a set of binoculars if you have and the energy for a good walk. You never know what you’ll see.

Whether in the border forest of Mariandale in Ossining, Rockefeller State Park in Pocantico Hills, Pruyn Preserve in Chappaqua or Graham Hills Park in Pleasantville, there are wonderful birding opportunities all around us, and a damned good excuse to take a walk.

Happy birding!

Brian Kluepfel is a travel writer who lives in Ossining and is a board member of Saw Mill River Audubon. He has contributed to guidebooks on Chile, Costa Rica, Bolivia, Peru and other Latin American countries and blogs at www.brianbirdwatching.wordpress.com.

WHAT A SPORT

Half Time. The sporting year is half over. Time to test your knowledge of what transpired over the second quarter of 2017 in the world of sports. See how well you score on the questions below that cover sporting events from April through June of this year.

1. How many games did the NBA Champion Golden State Warriors lose in this year’s playoffs?
   A) 1   B) 2    C) 3

2. What happened a record 48 times during the 18-inning baseball game between the Yankees and Cubs on May 7, 2017?
   A) a base hit   B) a base on balls    C) a strikeout

3. Which English soccer club won their record 13th FA Cup on May 27, 2017?
   A) Arsenal   B) Man U.    C) Chelsea

4. Takuma Sato became the first Japanese driver to win which race?
   A) Arsenal   B) Man U.    C) Chelsea

5. A boat from what country defeated Oracle Team USA to win the America’s Cup?
   A) 24 Hours of La Mans   B) Indy 500    C) Monaco Grand Prix

6. Which NHL team won the Stanley Cup this year?
   A) 24 Hours of La Mans   B) Indy 500    C) Monaco Grand Prix

7. What horse won the 2017 Belmont Stakes on June10th?
   A) Patch   B) Tapwitt    C) Irish War Cry

8. Before losing in April, Wesley So won 67 matches in row playing what board game?
   A) Go   B) Backgammon    C) Chess

ANSWERS:

1. A. The Warriors went 16-1, and won 15 in a row
2. C. The 18 inning contest is the longest for an MLB game
3. A. Arsenal defeated Chelsea 2-1 at Wembley
4. B. Sato collected $2.45 million for winning the Indy 500
5. B. Emirates Team New Zealand won 7-1 to defeat the Predators 4 games to 2
6. A. The Penguins, who also won in 2016, defeated the Sharks in six games
7. A. Arrogate won this year’s Belmont Stakes
8. B. Wesley So won 67 matches in a row playing Go

Saw Mill River Audubon

Connecting People & Nature Since 1953

Come along on our free, public field trips and enjoy our free, public programs.

Upcoming Public Field Trips

Every Monday: Public Bird Walks at Local Hotspots walks begin 7:30am in main parking of each location
2nd Saturdays: Briint Brook Sanctuary Walk, 9:00 am
3rd Saturdays: Young Birder Walks, 4:00 pm
Plus many other summer field trips! Visit our web site.

Upcoming Special Events

Thu. Aug 3: Shorebirds ID Refresher Workshop
Sat & Sun, Aug 5 & 6: South Jersey Birding Weekend

Visit www.sawmillriveraudubon.org for event details and to learn about our eight local wildlife sanctuaries

By Edward Goralski

For The Birds

Birders find each other everywhere, it seems, and I encountered a true

enthusiaist in Cabuya the other day. Wilfredo, known to his friends as Pollo (The Chicken), has a few acres of land and also runs a small transportation company. But he loves birds, and at his invitation I got up early, by travel writing standards, to see a tri-colored heron, a white ibis, a few more trogons, a variety of flycatchers and even a laughing falcon.

On my own, in Curi National Park, I saw a Hoffman’s woodpecker. I nearly didn’t survive that encounter, however, because soon after I was surrounded by a herd of cattle who felt perhaps I was impinging on their grazing rights. The park ranger, a nice old man, assured me there was nothing to worry about, but the cattle, some with large sets of horns, followed me at close range for too long.

In Tambor, Pollo introduced me to Ruth Rodriguez and Larry Landstrom, founders of Rainforest Publications, whose laminated fold-outs of birds, butterflies and other critters you see everywhere in Costa Rica. They’re a nice couple who also host people at their home, known as Hawk Ridge, supposedly a wonderful place during raptor migration.

I also met Sarah Williams of Project ARA in Punta Islita. Project ARA works to breed and reintroduce Costa Rica’s two macaw species, the Scarlet and Great Green. I can’t tell you what a thrill it was to approach the site and hear the raucous sound of a dozen or so scarlet macaws in the trees. And when they open their wings and tail feathers in full flight, it’s proof that God exists (to me, anyway).

Further proof of a higher power (or maybe just beautiful evolution) is the turquoise-browed motmot, which I saw everywhere during a walkabout in the small village of Junquillal.

From blistering hot Nicoya, I will head to the mountains next, perhaps more agreeable for someone of fair pigment and improper beach attire as myself. Up there I’ll look forward to more great birding, which I manage to squeeze in as part of my travel-writing duties.

My favorite bird, so far, though is the white-throated magpie jay, which looks like a longer, slightly prettier version of our own blue jay, with a wonderful curlicue crest.

It made me remember all the birds back home in New York and the fact that birding is actually great everywhere. You just need to bring your curiosity, a set of binoculars if you have and the energy for a good walk. You never know what you’ll see.

Whether in the border forest of Mariandale in Ossining, Rockefeller State Park in Pocantico Hills, Pruyn Preserve in Chappaqua or Graham Hills Park in Pleasantville, there are wonderful birding opportunities all around us, and a damned good excuse to take a walk.

Happy birding!

Brian Kluepfel is a travel writer who lives in Ossining and is a board member of Saw Mill River Audubon. He has contributed to guidebooks on Chile, Costa Rica, Bolivia, Peru and other Latin American countries and blogs at www.brianbirdwatching.wordpress.com.
to expend money or if the provisions of law which should have been complied with as of the date of publication of this Notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the publication of this Notice, or such obligations were authorized in violation of the provisions of the Constitution. Complete copies of the Bond Act summarized herewith shall be available for public inspection during normal business hours at the Office of the Clerk of the Board of Legislators of the County of Westchester, New York, for a period of twenty days from the date of publication of this Notice. ACT NO. 119 - 2017 BOND ACT AUTHORIZING THE ISSUANCE OF $3,500,000 BONDS OF THE COUNTY OF WESTCHESTER, OR SO MUCH THEREOF AS MAY BE NECESSARY, TO FINANCE THE PAYMENT OF REAL PROPERTY TAX REFUNDS PURSUANT TO TAX CERTIORARI PROCEEDINGS BROUGHT PURSUANT TO ARTICLE SEVEN OF THE REAL PROPERTY TAX LAW, STATING THE ESTIMATED MAXIMUM COST THEREOF IS $3,500,000; STATING THE PLAN OF FINANCING SAID COST INCLUDES THE ISSUANCE OF $3,500,000 BONDS HEREIN AUTHORIZED; AND PROVIDING FOR A TAX TO PAY THE PRINCIPAL OF AND INTEREST ON SAID BONDS. (Adopted June 19, 2017) object or purpose: to finance the cost of acquisition of equipment for the Department of Public Works, including a replacement dump truck with attachments; all as set forth in the County's current year Capital Budget, as amended amount of obligations to be issued; and period of probable usefulness: $350,000; fifteen (15) years Dated: July 3, 2017, White Plains, New York, Sunday Vanderberg, Clerk and Chief Administrative Officer of the County Board of Legislators of the County of Westchester, New York

LEGAL NOTICE
A Bond Act, a summary of which is published herewith, has been adopted by the Board of Legislators on June 19, 2017 and approved by the County Executive on June 22, 2017 and the validity of the obligations authorized by such Bond Act may be hereafter contested only if such obligations were authorized for an object or purpose for which the County of Westchester, in the State of New York, is not authorized to expend money or if the provisions of law which should have been complied with as of the date of publication of this Notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the publication of this Notice, or such obligations were authorized in violation of the provisions of the Constitution. Complete copies of the Bond Act summarized herewith shall be available for public inspection during normal business hours at the Office of the Clerk of the Board of Legislators of the County of Westchester, New York, for a period of twenty days from the date of publication of this Notice. ACT NO. 120 - 2017 BOND ACT AUTHORIZING THE ISSUANCE OF $350,000 BONDS OF THE COUNTY OF WESTCHESTER, OR SO MUCH THEREOF AS MAY BE NECESSARY, TO FINANCE THE COST OF ACQUISITION OF EQUIPMENT FOR THE DEPARTMENT OF PUBLIC WORKS AND TRANSPORTATION; STATING THE ESTIMATED MAXIMUM COST THEREOF IS $350,000; STATING THE PLAN OF FINANCING SAID COST INCLUDES THE ISSUANCE OF $350,000 BONDS HEREIN AUTHORIZED TO FINANCE SUCH COST; AND PROVIDING FOR A TAX TO PAY THE PRINCIPAL OF AND INTEREST ON SAID BONDS. (Adopted June 19, 2017) object or purpose: to finance the cost of planning improvements to the Woodfield Cottage Detention Center located at the Valhalla Campus; all as set forth in the County's current year Capital Budget, as amended. amount of obligations to be issued; and period of probable usefulness: $1,800,000; five (5) years Dated: July 3, 2017, White Plains, New York, Sunday Vanderberg, Clerk and Chief Administrative Officer of the County Board of Legislators of the County of Westchester, New York

LEGAL NOTICE
A Bond Act, a summary of which is published herewith, has been adopted by the Board of Legislators on June 19, 2017 and approved by the County Executive on June 22, 2017 and the validity of the obligations authorized by such Bond Act may be hereafter contested only if such obligations were authorized for an object or purpose for which the County of Westchester, in the State of New York, is not authorized to expend money or if the provisions of law which should have been complied with as of the date of publication of this Notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the publication of this Notice, or such obligations were authorized in violation of the provisions of the Constitution. Complete copies of the Bond Act summarized herewith shall be available for public inspection during normal business hours at the Office of the Clerk of the Board of Legislators of the County of Westchester, New York, for a period of twenty days from the date of publication of this Notice. ACT NO. 121 - 2017 BOND ACT AUTHORIZING THE ISSUANCE OF $1,800,000 BONDS OF THE COUNTY OF WESTCHESTER, OR SO MUCH THEREOF AS MAY BE NECESSARY, TO FINANCE THE COST OF PLANNING IMPROVEMENTS TO THE WOODFIELD COTTAGE DETENTION CENTER LOCATED AT THE VALHALLA CAMPUS; STATING THE ESTIMATED MAXIMUM COST THEREOF IS $1,800,000; STATING THE PLAN OF FINANCING SAID COST INCLUDES THE ISSUANCE OF $1,800,000 BONDS HEREIN AUTHORIZED TO FINANCE SUCH
Cybersecurity: A Brave and Critical New World for Investors

Last fall, Connecticut Gov. Daniel Malloy named an ex-military intelligence officer to a newly created post, one that 20 or 30 years ago would have sounded like science fiction: chief cybersecurity risk officer.

The appointment, however, came in response to an all-too-real scourge — cyber threats affecting the state.

Anyone reading the headlines knows that cyberattacks are not unique to one state; indeed, malware, viruses, phishing and spam are a menace throughout the nation. Often, hackers infiltrate targeted computer networks to corrupt crucial data files or steal personal, proprietary or financial information.

In fact, a recent Morgan Stanley poll of high net worth investors showed that data security was a leading concern, with some 72 percent saying that identity theft eclipsed other worries such as terrorism (65 percent) and illness (56 percent).

The costs associated with data breaches are astounding. Last year, some $81.6 billion was spent worldwide on cybersecurity products and services. In the U.S. alone, the 2017 budget proposes a $19 billion cybersecurity strategy, a 35 percent increase over the 2016 budget.

In response to the growing threat, an entire industry has developed, and for the savvy investor, it may be an industry worth careful research and investigation.

From large movers and shakers with household names to newborn startups with ground-breaking, inventive new methodologies, investors have a range of options to consider, some of which may prove to be solid additions to a well-diversified portfolio.

As with other industries, investors can gain exposure to investing in the cybersecurity sector through various channels, ranging from diversified baskets of technology investments that place some of the assets in cybersecurity holdings, to portfolios of companies that provide cybersecurity hardware, software and solutions to individual equities.

The imperative to protect data in the face of often well-funded hackers has birthed an array of new ventures. Many computer users are familiar with firewalls and the companies that manufacture them, but the industry now devoted to enhancing system reliability and protecting sensitive data seems to be evolving each day. Advanced software tools can analyze activity and "listen" to a computer network to detect unusual behavior.

Globally, many companies offer regular assessments of their clients' security risks, from poor user protocols to exploitable vulnerabilities in code writing. With billions in assets, research, intellectual property, infrastructure and reputations at stake, these companies send dedicated teams to help their client organizations establish effective cultures of online security. Client education is a growing field.

Now, too, cybersecurity companies are specializing in the sectors they protect. The recent large-scale security breaches of major health insurers has led at least one major company to focus on helping health care organizations – hospitals, health plans, medical practices, health care startups and service providers – improve their information risk management.

Other companies strive to defend global financial institutions or military and national security.

Government websites often are popular prey to cyberattack. Of the four million e-mails that arrive each month on Connecticut's state network, at least a quarter are blocked as suspicious, and several thousand more are identified as malware. Increasingly, small- and medium-sized businesses are hacked. They now are the target of 65 percent of cyberattacks, according to some analysts.

Besides the companies that provide cybersecurity per se, or those that evaluate vulnerability and offer risk management, others have blossomed in response to the needs of cyberattack victims and may also be worthy of investor consideration. Those include disaster recovery experts, insurers that provide coverage against the costs associated with responding to an attack, forensic experts and others. Cloud, mobility, IoT (Internet of Things, or devices such as your insulin pump or your smart refrigerator) and cloud-based e-mail managers also are on the rise.

Of course, all of this is aside from the branches of law, regulatory compliance and law enforcement that also deal with cybercrime and fraud.

The caveat: past performance never is an indicator of future success. Monstrous breaches like that in 2015 of the U.S. Office of Personnel Management, or the recent global cyberattack involving ransomware, may lead to spiked attention to cybersecurity, followed by a wane in interest.

While cyberattacks may plague us personally or professionally, there are plenty of associated investment opportunities. Just like investors who explore pharmaceutical companies that aim to cure diseases, investors can likewise explore the cybersecurity industry that aims to cure the ills of cyberattacks.

Peter Chieco is a financial adviser with the Global Wealth Management Division of Morgan Stanley in Greenwich, Conn. He can be reached at 203-625-4897.

By Peter Chieco

The information contained in this column is not a solicitation to purchase or sell investments. Any information presented is general in nature and not intended to provide individually tailored investment advice.

The strategies and/or investments referenced may not be suitable for all investors as the appropriateness of a particular investment or strategy will depend on an investor’s individual circumstances and objectives. Investing involves risks and there is always the potential of losing money when you invest. The views expressed herein are those of the author and may not necessarily reflect the views of Morgan Stanley Wealth Management, or its affiliates, Morgan Stanley Smith Barney, LLC, member SIPC.

Happenings

Tuesday, July 11

Building Club. Do you like building with LEGO®s? Children are invited to build and create anything they choose. For children five to 10 years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 4 to 5 p.m. Free. Also July 18. Registration required. Info and registration: 914-769-0548 or www.mountpleasantlibrary.org.

Drop-in Tech Help. Drop in for help with any of your technology devices. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4:30 to 6 p.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Italian Language and Culture. Mara De Matteo, born and raised in Italy and passionate about her native language, combines lively conversation with grammatical instruction in her classes. She creates interactive lessons on the richness of Italian culture, past and present, through real-life anecdotes, literature, personal memoirs, films and even photography. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 6:30 p.m. Also July 18 and 25. Info: 914-273-8877.

Wednesday, July 12

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 10 to 10:30 a.m. Free. Every Monday and Wednesday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Adult Coloring Club. It’s a relaxing, analog stress-reducer that can give you a cure diseases, investors

Senior Benefits Information Center. Counselors offer older adults one-on-one counseling covering a broad range of topics including Medicare health and prescription plans, food stamps, HEAP, EPIC, weatherization, minor home repair and tax relief programs. Mount Kisco Public Library, 100 Main St., Mount Kisco. 10:30 a.m. to 1:30 p.m. Free. Every Wednesday. Info: 914-231-3260.

Preschool Storytime. This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 11 to 11:30 a.m. Free. Every Monday, Wednesday and Friday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

Support Group for Alzheimer’s Caregivers. Temple Shaaray Tefila and Westchester Jewish Community Services have scheduled this forum to provide a place for caregivers to discuss their feelings, share their experiences and support one another. A specialist from the Alzheimer’s Association will lead the group and provide educational materials and information. All welcome. Temple Shaaray Tefila’s Youth Lounge, 89 Baldwin Rd., Bedford. 11 a.m. to 12:30 p.m. Free. Meets the second and fourth Wednesday of each month. Registration required. Info and registration: Contact the Alzheimer’s Association at 800-272-3900 or visit www.alz.org/hudsonvalley.
**Happenings continued from page 25**

**Storytime.** For children 18 months to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1:15 to 1:45 a.m. Free. Every Wednesday and Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

**Ayurvedic Approach to Treat Common Disorders.** Dr. Somesh Kaushik, an ayurvedic and naturopathic physician, will offer five educational seminars covering how Ayurvedic and Naturopathic medicine can help treat common disorders and the therapeutic recommendations that include diet, supplements and treatments as well as take-home techniques of therapeutic yoga, medi

**Recreation Field, South Greeley Ave., Chappaqua. 7 p.m. Free. Info: 914-238-3909 or www.mynewcastle.org/departments/parks-recreation-2.**

**Impact Investment.** Learn how to make investments in companies and funds with the intention of generating a beneficial social or environmental impact alongside a financial return. Practitioners of "values + needs" investing will talk about Show Money NYC, Local Farms Fund and global investing. Held in partnership with the Lower Hudson Sierra Group. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. Refreshments at 7 p.m. Program at 7:30 p.m. Free. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

**Thursday, July 13**

**Breakfast Club.** Includes breakfast, a presentation on a topic of interest to seniors and a light exercise program. Phelps Hospital's cafeteria, 701 N. Broadway, Sleepy Hollow. 8:30 to 10:30 a.m. Free. Registration required. Info and registration: 914-366-3937.

**Knitting Circle.** This group is open to everyone who has an interest in knitting. Live, love, laugh, learn and have fun together during these creative journeys. Come share patterns and ideas and celebrate creative spirits together while enjoying the ancient art of knitting. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10 a.m. to 12:30 p.m. Free. Every Monday and Thursday. Info: 914-273-3878.


**Toddler Storytime.** Finger plays, action rhymes, songs and stories to encourage an enjoyment of books and to stimulate early listening, learning and speaking skills. Recommended for children one to two-and-a-half years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10:30 to 11 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

**Preschool Storytime.** This interactive story time uses picture books, songs, finger plays, action rhymes and other activities to encourage the enjoyment of books and language. Recommended for children two-and-a-half to five years old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 11 to 11:30 a.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

**Mahjong Club.** Intermediate players welcome. Participants must bring their own set. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 1 p.m. Free. Every Thursday. Info: 914-666-8041 or www.mountkiscolibrary.org.

**Bridge for the Advanced Beginners.** Do you want to improve your bridge game, but our beginner class is redundant for you? This class is for people with some knowledge of the game. With Joel Goren. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 2 p.m. Free. Also July 20. Info: 914-273-3887 or www.northcastlelibrary.org.

**Storytime Playgroup.** Come hear a story and music and join in on playtime with toys and books. Children, parents and caregivers will make new friends and share time together. For children one to four years old; with a caregiver. Mount Pleasant Public Library, 350 Bedford Rd., Pleasantville. 2 to 2:45 p.m. Free. Every Thursday. Info: 914-769-0548 or www.mountpleasantlibrary.org.

**Gardening 101.** A series of classes for those looking to polish up their gardening skills while also learning how the Food Bank for Westchester is helping to feed area neighbors who are experiencing hunger. Participants will get a behind-the-scenes look at the Food Growing Program, learn techniques for their own garden and plant watermelon seeds to take home and continue nurturing. Sponsored by Stop & Shop. 20 Hammond House Rd., Valhalla. 3 to 4 p.m. or 4 to 5 p.m. $25. (Proceeds benefit the Food Bank for Westchester.) Also July 20 and 27. Registration required. Info and registration: Visit foodbankforwestchester.org/events/gardening101.

**Gaming Old School.** Join old school gaming enthusiasts to play board games like a kid again. Open to all ages. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 4 to 5 p.m. Free. Every Tuesday and Thursday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

**Amnesia.** An advance screening of this film from critically-acclaimed director Barbet Schroeder. Set in Ibiza in the early 1990s a few months after the falling of the Berlin Wall, this film follows Jo (Max Riemelt), a 25-year-old aspiring DJ from Berlin who’s trying to break into Ibiza’s burgeoning electronic dance music scene. Followed by a Q&A with Schroder moderated by film critic-in-residence Marshall Fine. The Picture House Regional Film Center, 175 Wölfs Lane, Pelham. 7:30 p.m. $15. Seniors and students: $12. Info and tickets: Visit www.thepicturehouse.org.

**Sunset Jazz at Lyndhurst Concert Series: Darrian Douglas Unity Band.** The second of eight Thursday night jazz concerts. Presented by New York Presbytarian, 635 N. Broadway, Tarrytown. 6:30 p.m. Free. (Concert is canceled by 3 p.m. in the event of rain.) Info: Visit www.jazzforumarts.org.

**Opening Reception for “Summer of Love (50 Years After 1967).”** In a tribute to the legendary summer of 1967, this exuberant exhibition includes Mary Judge's powdered pigment Pop Flower series; the highly imaginative quasi-landscapes by Gabe Brown; David Koningsberg's romantically interpreted flower paintings inspired by his personal garden; and Melanie Parke's lusciously painted abstractions, all of which celebrate the joie de vivre and the spirit of freedom embodied in long summer days. Kenise Barnes Fine Art, 1947 Palmer Ave., Larchmont. 6:30 to 8 p.m. Free. Exhibit continues through Sept. 1. Gallery hour are Tuesday through Saturday 10 a.m. to 5:30 p.m. Info: 914-834-8077 or visit www.kbhla.com.


**English as a Second Language Class.** Strengthen your English skills through pronunciation exercises, grammar exercises and conversation practice. All are welcome to participate in these informal small English Language Learner group classes. The friendly, flexible yet structured setting is ideal for those who want to improve their English communication skills. Led by Stacey Fields. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Thursdays through Aug. 10. Info: 914-273-3887 or www.northcastlelibrary.org.

**to the Examiner July 11 - July 17, 2017**

**English as a Second Language Class.** Strengthen your English skills through pronunciation exercises, grammar exercises and conversation practice. All are welcome to participate in these informal small English Language Learner group classes. The friendly, flexible yet structured setting is ideal for those who want to improve their English communication skills. Led by Stacey Fields. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Thursdays through Aug. 10. Info: 914-273-3887 or www.northcastlelibrary.org.

**Art Series: Summer Blockbusters at the Museum of Modern Art.** This summer’s major installations include an exhibit of large-scale murals by American artist Louise Lawler and Ian Cheng’s “Emissaries,” a self-playing video game/installation piece that is the focal point of Cheng’s first U.S. solo show. Discussion led by Professor Valerie Franco. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 7 p.m. Free. Info: 914-273-3887.

**Chappaqua Concert Series: FDR Drive.** A Motown and R&B dance party. The second of five outdoor concerts on consecutive Wednesday evenings. Produced by the Chappaqua-Millwood Chamber of Commerce and the New Castle Recreation & Parks Department.
Happenings

continued from page 26


Zumba. Low-impact Zumba with Amy. A great dance fitness workout for those who like to sweat, sizzle and tone while moving to the beat of exhilarating rhythms with a low impact/high intensity approach. A perfect class for those who need to protect vulnerable body parts such as knees, shoulders and back. Try a free trial class. Addie-tude Dance Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Drop-in rate: $12. Every Friday. Also Tuesdays from 10 to 11 a.m. Info: Call or text the instructor at 914-643-6162.

Play Days at Jay. Pack a picnic and spend the afternoon at John Jay Homestead. Explore the six discovery centers and help volunteers collect eggs from the chicken coop. Education staff will lead a short hands-on activity, John Jay Homestead, 400 Jay St. (Route 22), Katonah. 12 to 2 p.m. Free. Fridays through Oct. 27. Info: 914-232-8119 or visit www.johnjayhomestead.org.

Jazz at Pierson Park Concert Series: Marshall McDonald Jazz Project. The second of eight Friday night jazz concerts. Presented by New York-Presbyterian. Pierson Park, West Main Street, Tarrytown. 6:30 p.m. Free. (Concert will be moved to the senior center in the park in the event of rain.) Info: Visit www.jazzforumarts.org.

“Saving Banksy.” The story of one misguided art collector's attempts to save a Banksy painting from destruction and the auction block. Featuring some of the world's top street artists, this film poses the question What would you do if you owned a million-dollar painting that the artist doesn’t want sold? ArtsWestchester Gallery, 31 Mamaroneck Ave., White Plains. 7 p.m. $10. Info: Visit www.artsw.org.


Saturday, July 15

Pleasantville Farmers Market. Experience the largest year-round farmers market in Westchester and the one voted Best of Westchester from 2014 to 2017. With 56 vendors and seven nearby parking lots, the market is a delicious good time every This week, there will be a LEGO event with Marwan from I LUG NY from 9:30 to 11 a.m., the music Series will feature the Acoustic Medicine Show from 10 a.m. to noon and lead sponsor Phelps Hospital Northwell Health will visit. This market is a dog-free environment. Memorial Plaza, Pleasantville. 8:30 a.m. to 1 p.m. Every Saturday through Nov. 18. Info: Visit www.pleasantvillefarmersmarket.org.

Chappaqua Farmers Market. Cally-raised and produced food to the community in a weekly market, creating a connection between shoppers and small-scale food producers in the region. Chappaqua train station. Chappaqua. 9 a.m. to 1 p.m. Every Saturday. Info: Visit www.chappaquafarmersmarket.org.

Third Saturday Bird Seed Sale. The sale supports the local conservation work of the Saw Mill River Audubon. Pruyne Sanctuary, 275 Millwood Rd., Chappaqua. 9:30 a.m. to 12:30 p.m. Third Saturday of each month. Info (including bird seed descriptions and prices): Visit www.sawmillriveraudubon.org/seedsale.

Practice Tai Chi With Larry Attille. Learn specific feldenkrais and chi kung breathing techniques for deep relaxation and apply them to tai chi movement. This is a hands-on class that will be geared to the level of experience of the class and challenge all participants. Wear comfortable clothes and bring a floor mat or towel. North Castle Public Library, 19 Whippoorwill Rd. East, Armonk. 10:30 a.m. Free. Also July 22 and 29. Info: 914-273-8887.

Meditation Workshop. Michael Cardillo will help you reach peace and a clear vision in meeting your life's goals. An AA member, he will share his knowledge and meditation techniques. Open to all. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 10:30 a.m. to noon. Free. Every Saturday. Info: 914-666-8041 or www.mountkiscolibrary.org.

Adult Salsa Class. Addie-Tude Performing Arts Center, 42 Memorial Plaza (lower level), Pleasantville. 11 a.m. to noon. Free. Info: Call or text the instructor at 914-643-6162.

You Heard It Through the Grapevine

The Ultimate Wine Health Study or Merely the Latest Inconclusive One?

There is a growing polarization of “fact-based opinions” that have created opposing camps of pragmatists and theorists. A growing number of my social and, yes, even scientific beliefs, are grounded in subjective evaluation rather than fully vetted empirical evidence and validated studies. Into which camp do you fall?

These “fact-based opinions” are typically gleaned from anecdotal information I’ve gathered from various sources, especially:

1. Friends and family. Remember the old days (the 20th century) and the trial-and-error methods of your grandmother, well before Grandma Google moved into our homes and psyche, tantalizing us with her local gossip and hearsay?

2. Reports, news, articles permeating numerous information outlets. These have crept into our lives and been accepted as near-truths, which is the new standard for credibility in the 21st century.

As much as I try to resist, these days my 20th century mind has become very selective in accepting the type of information I find and then labeling it as the whole truth and nothing but the truth.

In past columns, I’ve written about the overwhelming conclusions of multiple studies on the health benefits of a moderate consumption of wine. Two glasses a day for men and one a day for women provides antioxidants and other compounds (polyphenols) that aid in preventing diseases, protecting against premature aging and providing overall health benefits.

I’ve also written on the deleterious effects of wine consumption. Certainly, all alcohol is potentially harmful to our overall health and for the unintended social consequences of excessive drinking. A number of studies have proven the negative effects of alcohol consumption, even at lesser levels than recommended. The British national health overseer urges consumers to eliminate consumption of wine, or, limiting it to one or two glasses per week.

While valid studies surely abound, I’ve read numerous “respected reports” of control groups consisting of small groups that draw conclusions concerning entire age groups and genders. I’ve read numerous reports conducted over months, not years, that draw universal conclusions. I’ve read numerous reports involving disease-afflicted volunteers that draw conclusions concerning entire age groups and genders. I’ve read numerous reports conducted over months, not years, that draw universal conclusions. I’ve read numerous reports involving disease-afflicted volunteers that draw conclusions concerning entire age groups and genders. I’ve read numerous reports conducted over months, not years, that draw universal conclusions.

In a perverse way, several reports are similar to those pervasive opinion polls we are perpetually exposed to. Any topic, any issue, any political figure will inevitably foment multiple polls – and multiple conclusions. And multiple controversies. And embraced or rejected by the public to align with each person’s private viewpoints or preferences.

For me, there hasn’t been a convincing long-term study that provides indisputable evidence of the health impact of wine consumption – until recently.

Last week, the prestigious National Institutes of Health (NIH) announced a new study, one of the largest ever. As reported by The New York Times, this government agency will undertake a $100 million trial to determine the impact of wine consumption on the incidence of heart attacks, strokes and death in 8,000 volunteers, age 50 and up in 16 countries over a six-year period.

A lofty goal, much needed in the face of conflicting reports in the infosphere that currently exists. Well, perhaps not. Here a few details that give pause for concern:

1. A significant portion of the funding -- $68 million -- has already been pledged to a unit of the NIH. The funding source? Not the government, but five of the largest alcohol producing companies in the world (who reportedly will have no influence on the trials).

2. The trial consists of certain participants abstaining and others consuming one alcoholic beverage of their choice per day. Will the study discern the difference in the effects of wine, beer, a shot or a cocktail? Is one glass the correct quantity to determine the impact on health? What of the higher absorption rates of women that may influence the outcome?

3. The participants must have, or be at, a high risk of cardiovascular disease. Does this reduce the efficacy of the results across a broad population? Will this be the study from which definitive, reliable, scientific conclusions may be drawn? Or will it be another in a long string in which truth is in the mind of the beholder?

Nick Antonaccio is a 40-year Pleasantville resident. For over 20 years he has conducted wine tastings and lectures. Nick is a member of the Wine Media Guild of wine writers. He also offers personalized wine tastings and wine travel services. Nick's credo: continuous experimenting results in instinctive behavior. You can reach him at nantonaccio@theexaminernews.com or on Twitter @sharingwine.
Happenings

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to noon. Free. $12. Every Saturday. Also Wednesdays from 6:30 to 7:30 p.m. Info: 917-215-1720 or visit www.addie-tude.com.

Caramoor Jazz Festival. Curated by Jazz at Lincoln Center, the 24th annual festival is for jazz enthusiasts of all ages. Headlined by legendary pianist McCoy Tyner, the day-long event throughout the grounds will feature a wide range of musical styles, including interactive sessions for children, the infectious Cuban rhythms of the Pedrito Martinez Group, innovative guitarist Mary Halvorson and a centennial celebration of innovative jazz great Thelonious Monk. Caramoor Center for Music and the Arts, 149 Girdle Ridge Rd., Katonah. Doors open at 11 a.m. Music begins at noon. $30 to $110. Info and tickets: Visit www.caramoor.org.

“Art Splash: The Colors of Summer” Opening Reception. The Mamaroneck Artists’ Guild newest exhibit shows oils, acrylics, printmaking, mixed media, photography, ceramics, wood, fiber and jewelry and affordably priced for sale. Spend a relaxing summer afternoon mingling with the artists. Mamaroneck Artists’ Guild, 126 Larchmont Ave., Larchmont 3 to 5 p.m. Free. Exhibit continues through July 29. Gallery hours are Tuesday through Saturday 12 to 5 p.m. Info: 914-834-1117 or visit www.mamaroneckartistsguild.com.

Live Music at Chappaqua Station: Bhavani Prakash and Prakash Rao. Featuring the world-renowned Indian Veena, vocalist and Mridangam hand drum player. With a hat tipped to New York’s musical renaissance, Chappaqua Station welcomes local and international musicians to the historic train station. Think intimate lounge setting, warm bourbon glow, farm fresh cuisine and an inclusive spirit of Westchester’s vibrant culture.

Chappaqua Station, 1 Station Plaza, Chappaqua. First seating 7 to 8:30 p.m. for $10 per person for table reservation. Second seating 9 to 10 p.m. for $5 per person. First come, first served at bar with no cover charge. Tickets available through Evenbrite. Info: 914-861-8001 or visit www.chappaquastation.com.

Michael Amante in Concert. Affectionately known as “The People’s Tenor” and crowned the “Prince of High Cs,” Amante continues to be celebrated by audiences and critics around the world. His repertoire includes Broadway, jazz, rock, gospel and American standards as well as the soaring notes of high opera. Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford. Dinner at 6:45 p.m. Show at 8:30 p.m. $84 per person (plus tax). Show only: $50 per person (plus tax). Info and tickets: 914-992-2222 or visit www.broadwaytheatre.com.

Argentine Tango Dances. Great music and dancing on a 3,500-square-foot dance floor. Enjoy a pleasant time with friends. Refreshments served. Broadway 26 Dance, 26 Broadway, Hawthorne. 8 p.m. to midnight. $16. Also the first Sunday of each month from 3 to 6 p.m. $12. Info: 914-725-3023 or 914-484-5101 or e-mail sampelayo@optonline.net.

Sunday, July 16

Hispanic Heritage Festival. Music and dance, arts and crafts and food vendors. Bring blankets and folding chairs. Rain or shine. Kensico Dam Plaza, 1 Bronx Parkway, Valhalla. 12 to 7 p.m. Free admission and parking. Info: 914-231-4033.

Ballroom Dancing and Dinner. Dancing followed by a complete dinner. All proceeds go to the scholarship fund at Fox Lane High School and New York Boys’ State. Moses Taylor American Legion Post 136, 1 Legion Way, Mount Kisco. 2:30 to 6:30 p.m. $18 per person. Third Sunday of every month. Info: 914-241-0136 or contact Commander John A. Graziano at 914-248-7134.

Life in the Preserve. Join Rockefeller State Park Preserve Manager Susan Antenen for this 30-minute walk that provides the public with an understanding of what the preserve is doing to keep the Rockefeller 100 years ago. She describes upcoming changes, trail improvement projects and new land stewardship practices. The public can ask questions about the preserve’s ecology, management and history. Rockefeller Preserve Gallery, 125 Phelps Way, Pleasantville. 3:30 p.m. Free. Info: 914-631-1470 or visit www.mysparks.com.

Monday, July 17

Master Networker Meeting. Join this high-energy interactive membership network of learning-based, service-oriented entrepreneurs and business leaders. Come be a guest any Wednesday to learn more about this world-class business training and referral program. Mount Kisco Coach Diner, 252 E. Main St., Mount Kisco 7:30 to 9:15 a.m. Free. Email RSVP@networking.com. Monday, July 17. RSVP suggested. Info and RSVP: Contact Tina Campbell at 914-441-1383 or e-mail tinacambell@masternetworks.net. or just drop in.

Zumba Fitness. Achieve long-term benefits while having a blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. For all fitness levels. Dance Emotions, 75 S. Greeley Ave., Chappaqua. Every Monday and Wednesday at 9 a.m. and Saturdays at 10 a.m. Drop in or weekly discount rates available. Info: Contact Peggy at 914 960-4097.

Young Explorers Story Time. Nature discovery for youngsters. Enjoy a nature-themed story and discover the wonders of nature while exploring fields, forests or landscaped grounds. Dress for outdoor activity. Except in extreme weather conditions, a portion of each class is spent outdoors. For children three to five years old, with a parent or caregiver. Greenburgh Nature Center, 99 Dromore Rd., Scarsdale. 1 to 2 p.m. Members: $9 per child. Non-member: $12 per child. Every Monday. Info: 914-723-3470 or visit www.greenburghnaturecenter.org.

Mount Kisco Housing Authority Meeting. Open to the public. Community Building, 200 Carpenter Ave., Mount Kisco. 7 p.m. Free. Meets the third Monday of each month.

Belly Dancing. Learn this captivating Middle Eastern dance and enrich your cultural knowledge. Whether you want to dance professionally or just have fun and get in shape, this is the place to start. Josie’s International School of Dance, 42 Memorial Plaza, Level B, Pleasantville. 7 p.m. $20. Every Monday. Info: 914-332-8670 or visit www.josiedance.com.

Tuesday, July 18

Baby Time. A fun interactive lap-sit story time that includes songs, rhymes and a few very short stories. The experience gives babies an opportunity to socialize and parents a time to share. Recommended for newborns through 12 months old. Mount Pleasant Public Library, 125 Lozza Drive, Valhalla. 10 to 10:30 a.m. Free. Every Tuesday. Info: 914-741-0276 or www.mountpleasantlibrary.org.

Music & Movement. Shake, shimmy and dance. For children two to five years old. Mount Kisco Public Library, 100 E. Main St., Mount Kisco. 11:15 to 11:45 a.m. Free. Every Tuesday. Info: 914-666-8041 or www.mountkiscolib.org.


Strange Weather.” An advance screening of this film directed by Katherin Dieckmann. It’s a poignant, lyrical drama about a mother (Holly Hunter), who in an effort to deal with her grief over the death of her son, enlists a friend to travel heaven and hell. Andrew Garfield plays Prior Walter along with a cast including Denise Gough, Nathan Lane, James McArdle and Russell Tovey. This new staging of Tony Kushner’s multi-award winning two-part play is directed by Olivier and Tony Award-winning director Marianne Elliott. Part one (“Millennium Approaches”) was first performed at the National Theatre in 1992 and was followed by the second part (“Perestroika”) the following year. Jacob Burns Film Center, 364 Manville Rd., Pleasantville. 7:30 p.m. Members: $8. Non-members: $13. Info and tickets: Visit www.burnsfilmcenter.org.
New York-Penn League
Renegades vs. Staten Island
Wednesday, July 5, 2017
Dutchess Stadium

Juan De Paula went six and a third innings last Wednesday to earn his first win for Staten Island.

Matt Dacey leads off first base after walking in the second inning last Wednesday evening.

The Yankees’ Leonardo Molina is caught stealing by Renegades second baseman Vidal Brujan in the top of the sixth inning.

Jean Ramirez swings the bat in the Renegades’ 7-5 loss to the Staten Island Yankees.

Jason Lopez of Staten Island hits a second-inning single to left vs. the host Renegades.

The Yankees’ Dom Thompson-Williams runs to third base in the third inning.

Nelson Gomez of the Staten Island Yankees takes a big swing vs. host Hudson Valley.

Renegades manager Craig Albernaz watches from the third-base coaching box during Wednesday’s loss to Staten Island.

Taylor Walls of the Hudson Valley Renegades awaits a pitch vs. visiting Staten Island.

Staten Island’s Ryan Krill waits to bat in the on-deck circle in last week’s game.
Mt. Kisco vs. Bedford/Pound Ridge
Tuesday, July 4, 2017

Mt. Kisco’s Jonathan Diorio watches the ball jump off his bat during the Chiefs’ game vs. host Bedford/Pound Ridge.

Mt. Kisco’s Frank Salvatorelli takes a mighty swing in last week’s game vs. Bedford/Pound Ridge.

Luca Marano of BPR hits the ball in the Lightning win over Mt. Kisco.

Bedford/Pound Ridge first baseman winds up on the grass after getting a putout in the win over the Mt. Kisco Chiefs.

The Lightning’s Janak Bain belts a pitch during the 11-0 win over visiting Mt. Kisco.

Mt. Kisco first baseman Michael Salvatorelli gets the ball just in time to retire BPR’s Jake Katz.

Mt. Kisco pitcher Eoin McIntyre delivers to the plate vs. host BPR in last Tuesday’s game.

Lightning pitcher J.Z. Yaggi reaches back for a little extra as he pitches vs. Mt. Kisco in a Greater Hudson Valley Baseball League game.

Mt. Kisco of the Mt. Kisco Chiefs 9 team hits the ball up the middle vs. Mt. Kisco.

Antonio Cambareri of the Mt. Kisco Chiefs 9 team runs to second base vs. the Lightning.

Mt. Kisco pitcher Eoin McIntyre delivers to the plate vs. host BPR in last Tuesday’s game.

Lake Valvano takes a lead off first base in Mt. Kisco’s game at Bedford Village Memorial Park.

Mt. Kisco’s Frank Salvatorelli takes a mighty swing in last week’s game vs. Bedford/Pound Ridge.

Bedford/Pound Ridge first baseman winds up on the grass after getting a putout in the win over the Mt. Kisco Chiefs.

focus on
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Mt. Kisco first baseman Michael Salvatorelli gets the ball just in time to retire BPR’s Jake Katz.
Sam Byrns fires a pitch in the Foxes’ game at Greeley.

The Foxes’ Katie Freeman runs in the 800 at the Westchester County Championships.

Dillon Aryeh leads the pack of runners in the 800 during the Westchester County Championships at Harrison High School.

The Foxes’ Katherine Schreiber is about to score a goal in a home game vs. Horace Greeley.

Phipps Lawrence reaches to hit a forehand on the run during a second-singles home match.

Dillon Morgan gets set to send a shot at the cage in the Foxes’ playoff game vs. Wappingers.

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Shortstop Lucy Crerend tracks a pop-up during one of the Foxes’ home games early in the season.

The Foxes’ Matt Magnan gains possession of the ball near midfield vs. visiting Greeley.

The Foxes’ Olivia Dey takes the ball up the field in a midseason home game.

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ExaminerSports

Stars and Strikes on the Fourth

Mt. Kisco’s Spencer Grayson Delivers a Fastball to the Plate in a GHVBL Game Last Tuesday Against Bedford/Pound Ridge